

Felix Wittmann

Publikationen

2025

Wittmann, F.G., Luppa, M., Höhn, A., Wege, N., Ascone, L., Lohse, L., Hurlemann, R., Meisenzahl, E., Lambert, M., Bajbouj, M., von Lilienfeld-Toal, M. & Riedel-Heller, S.G. (2025). Frühe Erfassung von zukünftigen Pandemieeffekten bei Menschen mit schweren psychischen Erkrankungen: Können laufende bevölkerungsrepräsentative Kohortenstudien einen Beitrag leisten?. *Psychiatrische Praxis*. DOI: 10.1055/a-2500-2379

2024

Buß, A.M., **Wittmann, F.G.**, Pabst, A., Luppa, M., Oey, A., Blotenberg, I., Cardona, M.I., Weise, S., Bauer, A., Kosilek, R.P., Bader, F., Brettschneider, C., Wiese, B., Hoffmann, W., Frese, T., Gensichen, J.S., König, H.-H., Thyrian, J.R. & Riedel-Heller, S.G. (2024). Social participation and cognitive activities as explanation factor for the association between income and self-rated health for older adults. *Frontiers in Public Health*. DOI: 10.3389/fpubh.2024.1435945

Kappe, J., **Wittmann, F.G.**, Luppa, M., Cardona, M.I., Weise, S., Fuchs, S., Kosilek, R.P., Sanftenberg, L., Brettschneider, C., Döhring, J., Escales, C., Czock, D., Wiese, B., Thyrian, J.R., Hoffmann, W., Frese, T., Gensichen, J., König, H.-H., Kaduszkiewicz, H., Riedel-Heller, S.G. (2024). General practitioners' perspectives on lifestyle interventions for cognitive preservation in dementia prevention. *BMC Primary Care* 25, 301. DOI: 10.1186/s12875-024-02566-3

Wittmann, F.G., Pabst, A., Zülke, A., Luppa, M., Oey, A., Boekholt, M., Weise, S., Fankhänel, T., Kosilek, R.P., Brettschneider, C., Döhring, J., Lunden, L., Wiese, B., Hoffmann, W., Frese, T., Gensichen, J., König, H.-H., Kaduszkiewicz, H., Thyrian, J.R. & Riedel-Heller, S.G. (2024). Adherence to a lifestyle intervention – just a question of self-efficacy? Analysis of the AgeWell.de-intervention against cognitive decline. *Alzheimer's Research & Therapy*, 16(133), 1-9. DOI: 10.1186/s13195-024-01499-4

Wittmann, F.G., Pabst, A., Zülke, A., Luppa, M., Blotenberg, I., Cardona, M. I., Bauer, A., Fuchs, S., Zöllinger, I., Sanftenberg, L., Brettschneider, C., Döhring, J., Lunden, L., Czock, D., Wiese, B., Thyrian, J.R., Hoffmann, W., Frese, T., Gensichen, J., König, H.-H., Kaduszkiewicz, H. & Riedel-Heller, S.G. (2024). Who Benefited the Most? Effectiveness of a Lifestyle Intervention Against Cognitive Decline in Older Women and Men—Secondary Analysis of the AgeWell. de-trial. *The Journal of Prevention of Alzheimer's Disease*, 1-8. DOI: 10.14283/jpad.2024.13

2023

Wittmann, F.G., Zülke, A., Pabst, A., Luppa, M., Thyrian, J.R., Kästner, A., Hoffmann, W., Kaduszkiewicz, H., Döhring, J., Escales, C., Gensichen, J., Zöllinger, I., Kosilek, R.P., Wiese, B., Oey, A., König, H.-H., Brettschneider, C., Frese, T. & Riedel-Heller, S.G. (2023). COVID-19 government measures and their impact on mental health: a cross-sectional study of older primary care patients in Germany. *Frontiers in Public Health*. DOI: 10.3389/fpubh.2023.1141433

Wittmann, F.G., Zülke, A., Schultz, A., Claus, M., Röhr, S., Luppa, M., & Riedel-Heller, S.G. (2023). Beneficial and Impeding Factors for the Implementation of Health-Promoting Lifestyle Interventions—A Gender-Specific Focus Group Study. *International Journal of Environmental Research and Public Health*, 20(4), 3520. DOI: 10.3390/ijerph20043520

2022

Zülke, A., Riedel-Heller, S.G., **Wittmann, F.G.**, Pabst, A., Röhr, S., & Lippa, M. (2022). Gender-Specific Design and Effectiveness of Non-Pharmacological Interventions against Cognitive Decline—Systematic Review and Meta-Analysis of Randomized Controlled Trials. *The Journal of Prevention of Alzheimer's Disease*, 10, 69–82. DOI: 10.14283/jpad.2022.80

2021

Röhr, S., **Wittmann, F.G.**, Engel, C., Enzenbach, C., Witte, A. V., Villringer, A., Löffler, M., & Riedel-Heller, S.G. (2021). Social factors and the prevalence of social isolation in a population-based adult cohort. *Social psychiatry and psychiatric epidemiology*, 1-10. DOI: 10.1007/s00127-021-02174-x

Zuelke, A., Riedel-Heller, S.G., **Wittmann, F.G.**, Pabst, A., Roehr, S., & Lippa, M. (2021). Gender-specific design and effectiveness of non-pharmacological interventions against cognitive decline and dementia—protocol for a systematic review and meta-analysis. *PloS one*, 16(8), e0256826. DOI: 10.1371/journal.pone.0256826

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Roehr, S., **Wittmann, F.G.**, Jung, F., Hoffmann, R., Renner, A., Dams, J., Grochtdreis, T., Kersting, A., König, H.H., & Riedel-Heller, S.G. (2019). Strategies to recruit refugees for intervention studies: lessons learned from the "Sanadak" Trial. *Psychotherapie, Psychosomatik, Medizinische Psychologie*, 69(12), 484-489. DOI: 10.1055/a-1030-4570

2018

Reljic, D., **Wittmann, F.G.**, & Fischer, J.E. (2018). Effects of low-volume high-intensity interval training in a community setting: a pilot study. *European journal of applied physiology*, 118(6), 1153-1167. DOI: 10.1007/s00421-018-3845-8