

Publikationen Andrea Zülke (Stand: 01/2025)

2025

Zülke, A., Blotenberg, I., Luppä, M. *et al.* Dietary changes following a lifestyle-based intervention for dementia risk reduction – results from the AgeWell.de study. *Eur J Nutr* **64**, 58 (2025).

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Zülke, A., Pabst, A., Luppä, M., Oey, A., Weise, S., Fankhänel, T., ... & Riedel-Heller, S. G. (2024). Effects of a multidomain intervention against cognitive decline on dementia risk profiles—Results from the AgeWell. de trial. *Alzheimer's & Dementia*, *20*(8), 5684-5694.

Zülke, A., Luppä, M., Wirkner, K., Reusche, M., Sander, C., Büchner, R., ... & Riedel-Heller, S. G. (2024). Cognitive performance in adults with post-COVID syndrome: Results from a German case-control study. *Journal of Psychiatric Research*, *176*, 377-383.

Zülke, A., Pabst, A., Luppä, M., Roehr, S., Seidling, H., Oey, A., ... & Riedel-Heller, S. G. (2024). A multidomain intervention against cognitive decline in an at-risk-population in Germany: Results from the cluster-randomized AgeWell. de trial. *Alzheimer's & Dementia*, *20*(1), 615-628.

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Jung, F., **Zülke, A.**, Wirkner, K., et al. (2024). Gesundheitskompetenz, Anlaufstellen, ungedeckte subjektive Bedarfe und Behandlungszufriedenheit von Long-COVID-Betroffenen mit langanhaltender neuropsychiatrischer Symptomatik. *Psychiatr Prax* 2024; 51(08): 418-425

Wittmann, F. G., Pabst, A., **Zülke, A.**, et al. (2024). Adherence to a lifestyle intervention—just a question of self-efficacy? Analysis of the AgeWell. de-intervention against cognitive decline. *Alzheimer's Research & Therapy*, *16*(1), 1-9.

Cardona, MI, Luppä, M, **Zülke, A.**, et al. Mediating Factors Associated With Physical Activity in Older Adults at Increased Dementia Risk. *American Journal of Alzheimer's Disease & Other Dementias*. (2024);39. <https://doi.org/10.1177/15333175241257849>

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Wittmann, F.G., Pabst, A., **Zülke, A.** *et al.* Who Benefited the Most? Effectiveness of a Lifestyle Intervention Against Cognitive Decline in Older Women and Men – Secondary Analysis of the AgeWell.de-trial. *J Prev Alzheimers Dis* (2024). <https://doi.org/10.14283/jpad.2024.13>

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Zülke, A., Luppá, M., van Boxtel, M. *et al.* Older adults' awareness of modifiable risk and protective factors for dementia and interest in eHealth interventions for brain health: a comparison between the Netherlands and Germany. *BMC Public Health* **23**, 2321 (2023). <https://doi.org/10.1186/s12889-023-17247-6>

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Wittmann, F. G., **Zülke, A.**, Pabst, A., Luppá, M., Thyrian, J. R., Kästner, A., ... & Riedel-Heller, S. G. (2023). COVID-19 government measures and their impact on mental health: a cross-sectional study of older primary care patients in Germany. *Frontiers in Public Health*, *11*, 1141433.

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Zülke, A., Luppá, M., Köhler, S., Riedel-Heller, S.G. Knowledge of risk and protective factors for dementia in older German adults A population-based survey on risk and protective factors for dementia and internet-based brain health interventions. *PLoS ONE*, <https://doi.org/10.1371/journal.pone.0277037>

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